

How much Sports Premium funding will the VLC receive?

Within the VLC Primary we will receive £9000

What are our aims for the funding?

- Improve the quality and breadth of PE and sports provision.
- Use sport to increase pupils' self-esteem and self-awareness.
- Provide CPD for staff especially in the area of using sport to support pupil's mental health.
- To use sport as a means for re-connecting pupils positively with mainstream education.
- Provide opportunities for pupils to try new sports and activities.
- Provide opportunities for pupils to incorporate physical activity into all parts of the school day and other lessons (not just PE).

How will the funding be used?

Area of Spend	Amount	Key Outcome Indicator	Description	How impact will be measured.
Coaching to support teachers deliver PE lessons	£4750 4x 1 hour lessons spread across 2 classes and 2 lunch play time sessions. £125 per week 38 weeks a year	<p>Pupils to complete a while PE lesson without opting out.</p> <p>Pupils to become more active and enjoy physical activity during break times and lunchtimes.</p> <p>Teachers and Support staff to improve PE teaching skills and abilities.</p> <p>Many of the children in our setting are less confident/ able academically for a range of reasons. However, they enjoy sports</p>	<p>Many pupils opt out during a PE lesson due to lack of fitness/ confidence or stamina. New activities with a trained coach will reignite their enthusiasm for PE and help to build up confidence and stamina.</p> <p>Teaching staff to observe and join in with Coaching sessions. Then use skills and activities gained to plan and teach PE lessons in future.</p> <p>Teachers and TAs to also observe and join in lunch play time sessions. These can then be carried on throughout the week to keep pupils active and cooperative at play times.</p> <p>Having a trained coach who can build on the children's sporting skills and support the adults with this, will further develop the children's abilities and confidence. Feeling confident with sporting abilities also helps the children settle as they move to mainstream as they are less fearful of playtimes.</p>	<p>Improvement in children's stamina</p> <p>Amount of children completing a whole lesson</p> <p>The fitness level of the children</p> <p>The level of enjoyment and confidence children show during lessons</p> <p>Amount of children joining in activities at playtime</p> <p>Improved skills of the pupils</p> <p>Improved confidence of the staff</p> <p>The range of activities provided by the staff during lessons and playtime.</p>

<p>Twinkl Subscription</p>	<p>£342 Annual subscription for 3 Teachers = £342</p>	<p>Teachers to improve PE teaching skills and abilities.</p>	<p>Twinkl Plan It can be used to plan and resource a range of PE and play time activities</p>	<p>Improved skills of the pupils Improved confidence of the staff The range of activities provided by the staff during lessons and playtime.</p>
<p>Swimming lessons and transport to local pool</p>	<p>£1620 2 terms for 2 classes £30 per class x 2 classes x 15 weeks = £900 1 term for 1 class - for pupils who have not yet swam 25 metre. £30 per class x 1 class x 6 weeks = £180 36 trips x £15 journey = £540</p>	<p>All pupils able to meet the end of key stage 2 curriculum requirements for swimming and water safety.</p> <p>Improving stamina and confidence</p> <p>Swimming is not usually an activity the children take part in with their family.</p> <p>Many of the struggle to stay safe when out with friends or alone.</p>	<p>Swimming lessons at local pool to support pupils who require top up swimming lessons to be able to swim 25 metres.</p> <p>Providing good quality lessons by a trained coach is vital to ensure children meet age related expectations</p> <p>Swimming lessons with a trained coach helps the children to recognise the dangers of water and how to stay safe.</p>	<p>Children's confidence in the water Children's ability to swim General improvement in fitness Children's awareness of safety around water</p>

<p>Puxton Park membership card and transport</p>	<p>£980</p> <p>1 year membership card for 3 adults and 5 pupils (£40 per child) = £200</p> <p>39 trips x £20 journey = £780</p>	<p>To promote physical activity in all weathers.</p> <p>To build confidence/ ability on the high ropes</p> <p>To enjoy fun, physical play.</p> <p>To build social skills and an awareness of others.</p>	<p>Pupils can be physically active in all weathers and pupils who struggle socially can be taken on a 1:1 basis.</p> <p>The park offers access to a high ropes course, climbing wall and an adventure course all included within the membership. Puxton is the only setting locally where the children can climb and use their skills at height.</p> <p>The children are always keen to go to Puxton and play on the indoor and outdoor activities. There is a bouncy pillow which allows the children to build up skills jumping and landing, but is safe than a trampoline.</p> <p>There are often children from other schools and younger children in the play areas. This encourages the children to change speed and direction to avoid collisions. Meeting children from other schools also helps the children to socialise with children from mainstream schools and form relationships ready to integrate back in to a mainstream school.</p>	<p>Children's confidence on ropes, climbing and jumping.</p> <p>Children's general stamina and fitness</p> <p>Improved social skills</p> <p>Improved levels of movement and speed.</p>
<p>Fruit and food for healthy lifestyle sessions</p>	<p>£1330</p> <p>£35 per week for 38 weeks</p>	<p>Pupils to be encouraged to cook healthy versions of their favourite foods and cook different recipes to try new foods.</p> <p>Pupils try a range of healthy foods and suggest new foods they would like to try.</p> <p>As the children mainly eat beige foods that are high in carbohydrate and low in vitamins.</p>	<p>Encouraging the pupils to eat healthy food and try new foods.</p> <p>The children at our setting mainly have a diet of junk food, ready meals and take away food. They are very reluctant to try new foods due to sensory and emotional issues.</p> <p>The children suggest foods they would like to try based on recipes they would like to make. They are often reluctant to try food, so offering opportunities in a safe and supportive environment is beneficial.</p> <p>Supporting the children to make healthy versions of their favourite foods and increasing the vitamin intake in their diet will improve their overall healthy and weight.</p>	<p>Children regularly eating a larger range of foods</p> <p>More confidence to eat a range of foods or try new foods.</p> <p>Children being healthier due to eating foods containing more vitamins- higher attendance levels.</p>