

Curriculum Map: PSHE

Curriculum Aims: Through the curriculum, we want students to –

- Develop resilience and risk management skills.
- Develop communication and negotiation skills, risk management and support-seeking skills
- Develop confidence and agency
- Develop confidence, self-worth, adaptability and decision making skills
- Develop motivation, organisation, leadership and presentation skills
- Learn to empathise with people who are different, as well as those who are similar, thereby celebrating diversity, exploring common ground and challenging bias and prejudice.

Core content: What do we want students to know/be able to do?

- To be able to make informed decisions about their own wellbeing, health and relationships.
- To build their self-efficacy.
- To develop resilience and know when to ask for help and to know where they can access support
- Have a clear understanding of what the law does and does not allow and the wider implications of decisions they make.

The Key Stage 3 & 4 curriculum is focused around three core themes, Health and Wellbeing, Living in the wider world and Relationships. Under the three core themes a range of topics are covered. The PSHE Curriculum is responsive and adaptive to local and national issues/challenges, keeping students informed and aware equipping them with the ability to make informed choices and opinions.

At **Key Stage 3** students build on knowledge and understanding, skills, attributes and values they have acquired and developed throughout their time at primary school. PSHE education acknowledges and addresses the changes that young people experience throughout adolescence supporting them to navigate diverse relationships, their lives online and develop their ability to make safe and informed choices.

At **Key Stage 4** students deepen knowledge and understanding, extend and rehearse skills and further explore attitudes and values acquired throughout Key Stage 3. PSHE education reflects the fact and supports students that are moving towards independent adult life.

lgbt
managing internet stress
keeping consent
criminal british finance healthy health
identity puberty values
image body careers
stereotyping mental safety
crime exploitation

copingwithloss
crime
sustainability
managingstress
gender pornography
relationships hatecrimes
careers
finance
independentliving