

PASSPORT FOR LIFE

LIFE SKILLS

**PERSONAL**

Increased confidence and independence, resilience, critical thinking, problem solving, effective communication, time management, financial literacy, emotional intelligence, health and wellbeing, decision making and goal setting, interpersonal skills

To be able to complete basic car maintenance on own vehicles, and cook basic recipes.

WIDER

AQA Unit Awards

Employability, core skills and life skills

Additional modules or interests identified

ESSENTIAL

Units covered;

Basic ICT

Basic Finance

Basic cooking skills

Basic Motor Vehicle Skills

Household Management

Basic DIY

The Passport for Life / Life Skills curriculum focuses on helping individuals to develop the practical skills and knowledge that they need to navigate everyday challenges, make informed decisions and thrive independently in a personal and professional setting.

2024/2025 saw the evolution and pivot of this curriculum. It provided opportunity to explore successful units and what could be delivered effectively. As a result the modules have been selected to be delivered each term.

Essential Learning

Basic Skills in:

- **ICT**
 Touch typing
 Microsoft Word - create, edit, save and print a document. Extension- use tools
 Microsoft Excel - create, edit, save and print a document
 PowerPoint

If learning secure - Other ICT applications, eg. Publisher

- **Finance**
Where do you get money from?
Expenditure
Economising
Bank accounts
- **Cooking simple recipes** As part of Level 2 BTEC in Home Cooking Skills
- **Motor Vehicle Maintenance** As part of SEG Level 1 Motor Vehicle
- **Household Management**
Bills, costs and expectations
Budgeting / economising
Making a bed
Using a washing machine
Ironing
Basic sewing
- **DIY**
wiring a plug
knowledge and use of basic hand tools
flat pack construction

Alongside learning and evidence of learning, students to track achievements with the aim to gain a minimum of 4 AQA Unit awards per module.

Wider > cross over with Personal Development

- AQA Unit Awards linking to modules
- Practical Problem solving skills
- Understanding how to logically approach problems
- Workplace Health and Safety Awareness. Developing awareness of Health and Safety can apply to all aspect of life
- Manual dexterity and tool use
- Numeracy and measurement;
Motor Vehicle > torque settings, reading gauges and instruments, fluid levels, pressures.
BTEC Home Cooking Skills > units of measurement, reading scales, temperatures, timings
- Understanding garage expectations and Health and Safety
- Understanding kitchen expectations and Health and Safety
- Personal responsibility and professionalism
- Time management and organisation
- Developing communication skills. Listening and interpersonal skills, verbal and technical language and vocabulary related to vehicles, tools and processes.
- Teamwork and collaboration

Personal Development:

- Confidence
- Team work
- Communication. Listening and following instructions
- Time management and working to deadlines and health and safety standards
- Attention to detail; following exact procedures, working accurately
- Increased confidence and independence
- Resilience
- Critical thinking
- Problem solving
- Decision making and goal setting
- Financial literacy
- Emotional intelligence
- Health and wellbeing
- Interpersonal skills
- To be able to complete basic car maintenance on own vehicles, and cook basic recipes.

Reflections of 2024/2025**Successes:**

- Activities engaging students and proud and pleased with achievements.
- Clear expectations
- AQA units can be assigned to activities and areas of learning.

Challenges:

- Students often do not view this as a subject, despite recognising the benefits.
- Students from other lessons coming into the learning space can be disruptive.
- Storage of equipment and resources such as the bed can be problematic.

Forward planning:

- Student friendly concentric circles to create visually display course content.
- Continue competitions to promote competitive buy in.
- Continue to develop unit content and lesson plans with course 'branding'.
- 'Passport for Life' certificate to be created as end of course recognition.